

INDULGE

Strength **within**

Today, InKo Centre

InKo Centre brings its second edition of *Heart of Matter*, a series of lectures that touches upon topics like holistic living, philosophy, art and culture. Titled *Re-defining Identity*, this lecture by Surekha Kothari (professional practitioner of hypnotherapy and reiki) will talk about the inner potential that can drive one to become an agent of change. Free entry. From 5 pm to 7 pm.
Details: 24361224